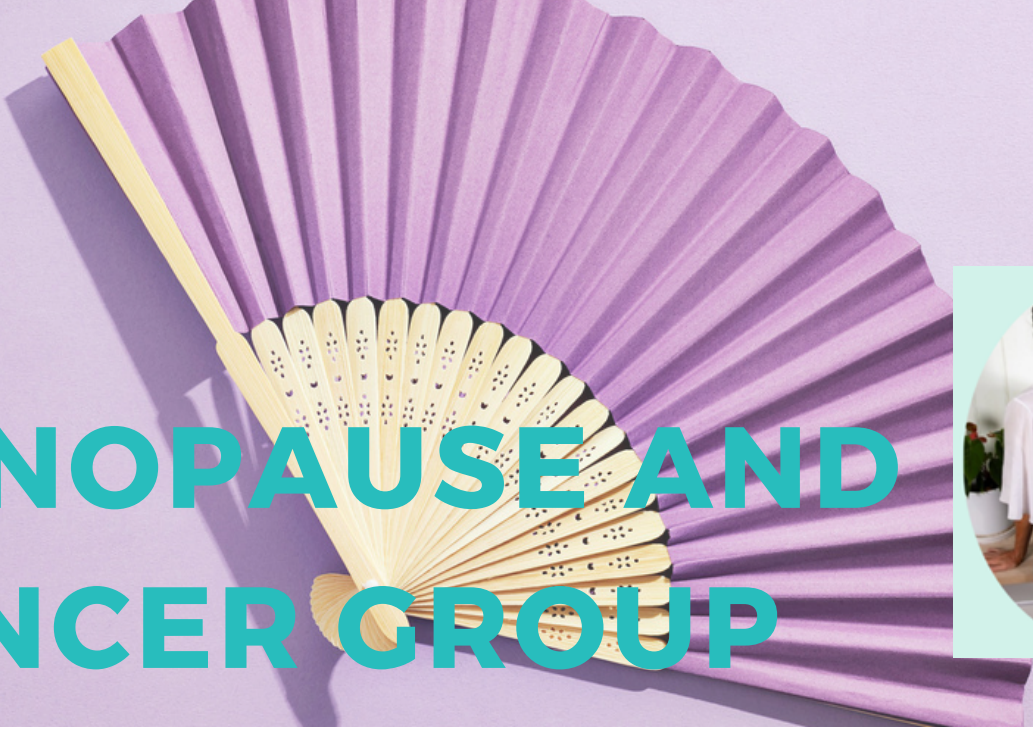




MENOPAUSE AND CANCER GROUP



ABOUT OUR GROUP

Menopause is a natural stage of life, yet it often brings a wide range of symptoms that can significantly affect quality of life. For many of our clients, menopause has been prematurely induced due to medically induced menopause.

This can add layers of complexity, both physically and emotionally.

We recognise that menopause is a deeply personal and often emotional topic, with many conflicting messages and unanswered questions.

Our aim is to:

- Encourage open and supportive discussion
- Provide accurate, evidence-based information
- Share reliable resources to assist with symptom management

The Session will be facilitated by Bloomhill Nursing Team.

THIS MONTH'S SPEAKER

Simone Grace of Pulse Sexology, Simone's approach blends evidence-based sexology and counselling, allowing her to support clients from multiple directions of recovery including;

- Sexual function, desire, arousal, and pleasure
- Painful sex
- performance concerns
- libido mismatches
- hormonal changes during peri/menopause and how changes can influence our sexual experiences and our relationships

We warmly welcome you to attend, share, learn, and connect.

GROUP DETAILS

Thursday 20th August 2026
11am

Bookings not required.

For further information, please contact
07 5445 5794

Located at our Wellness Centre,
58 Ballinger Road, Buderim