

PARENTS SUPPORT GROUP



ABOUT OUR GROUP

Our Bloomhill Parent's Support Group is a new group to connect parents who understand what you may be experiencing.

Come and share common experiences, discuss transitions, and learn about supports available to you.

Some examples of conversation could include-

- Return to Work
- Diet and Nutrition
- Fatigue
- Chemotherapy/radiation side effects
- Relationships
- General well being

This group will be a safe, confidential and supportive environment to meet up with other clients and have a chat.

By introducing this group our hope is that you feel less alone and more supported.

Children are welcome to come along to some sessions and, where possible, Bloomhill will arrange a blue card holding volunteer to assist parents in the centre during the group.

Sessions will be planned a month in advance and keep an eye on the Buzz newsletter and socials for more information or come and have a chat to the nursing team.

Bloomhill Clinical Nurse Rachel will facilitate the group.

GROUP DETAILS

Held on the first Tuesday of the month
10:30am - 12:00pm
Bookings not required

For further information, please contact 07 5445 5794 or speak with your nurse

Located at our Wellness Centre,
58 Ballinger Road, Buderim